

SHAMANIC TRAINING COURSES

SHAMANIC COURSES OPEN TO ALL:

These introductory courses are suitable to all people of spiritual intention, honest commitment and general good health. They are not suitable for those with mental health problems, nor are they a substitute for therapy. See FiOS on our website for full curriculum & training outline <http://www.hallowquest.org.uk/hallowquest-fios-courses.html>

FOUNDATION COURSE IN CELTIC & ANCESTRAL SHAMANISM: LEVEL A TRAINING



John Matthews, Oxford 2008

JOHN MATTHEWS was the first person to open up the field of Celtic shamanism. He is the author of *The Celtic Shaman and Taliesin*, among many other titles. He teaches all over the world and is frequently consulted as an historical advisor. He worked on Jerry Bruckheimer's *King Arthur*. With Caitlín Matthews and Felicity Wombwell, he is a founder member of FiOS. He welcomes shamanic beginners to explore the path of the Gléifiosa or Bright Knowledge, and to learn how to journey in a safe and friendly environment.

20-21 March & 18-19 September 2010 WALKERS BETWEEN THE WORLDS led by John Matthews and Wil Kinghan. For shamanic beginners, this 2 two part non-residential course teaches students to journey, quest, heal and arbitrate along the ancient paths of wisdom, gathering spirit allies and knowledge of ancestral and Celtic methods of shamanic work. We ground our shamanic training in the ancestral mysteries of our native shamanic tradition, gathering as a clan of the sacred earth to honour our spiritual calling. Total fee for both weekends is £382. Send non-returnable deposit of £170 (£85 for each part of the course) payable to John Matthews, to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680.) Held at a new centre in North Moreton, Oxon. *Both weekends must be attended to qualify for intermediate and advanced courses.*



**23-26 September 2010, 10-13 February 2011
& 1-4 September 2011**

THE SACRED ARTS OF HEALING:

Shamanism and Spirituality in
Our Everyday Work

A three part programme for
healers, carers and therapists

**Angela Cotter, Caitlín Matthews
and Felicity Wombwell**

The Sacred Arts of Healing is a new shamanic programme enabling healers, therapists and carers to learn how to be conscious co-walkers with the spirits of healing. Prayer, song, symbols, ritual, silence, listening, dreams, visions and the wisdom that they bring are the true transmitters of healing – factors that are rarely taught today in most systems of care.

Working within the context of the North West European shamanic traditions and its healing arts, participants are encouraged to develop their own individual spiritual pathways, to draw nearer to the roots of the core spiritual experience which precedes all healing. We will

explore this by means of the shamanic journey, through dream, art, dance, song, ritual, oracle, vigil and incubation. When our own vocational contract and sacred practice are included we cease to experience the distress, burn-out, soul-loss and spiritual fatigue so often found in therapeutic work, and enter more deeply into a sacred relationship that sustains us.

Applications are welcomed from those who work full-time with the vulnerable: therapists, teachers, carers, nurses, social workers, healers, priests, psychotherapists etc. *All spiritual backgrounds are welcomed on this programme. Please request a questionnaire which is a prerequisite for joining this programme from Caitlín at tigerna9@aol.com.*

NOTE: All three courses must be attended. No further applications will be taken once the programme has begun. All accommodation is sharing with one other & numbers limited to 22 only. Completion of this course leads onto Intermediate level of shamanic training, if desired.

23-26 September 2010 COURSE ONE: DISCOVERING LANDSCAPES OF THE THE SOUL

We discover our shamanic allies and begin to explore the landscapes of the soul with their help. We consider what healing is; we learn about the nature of our relationship with the gods and spirits of healing, with our clients and with ourselves.

10-13 February 2011: COURSE TWO: DREAMING THE SOUL AWAKE We take the work deeper by exploring the wisdom of the dream and journey through silence, embodiment, incubation and vigil. By entering into the silence we welcome the wisdom that helps us sustain our healing relationship and so trust with greater confidence in our daily work.

1-4 September 2011: COURSE THREE: SPEAKING THE LANGUAGE OF THE SOUL We prepare for re-entry into our workplaces as priests and priestesses of the healing gods & spirits by rededication of our vocational gifts.

THE TUTORS: Dr Angela Cotter is a Jungian analytical psychotherapist who directs a PhD programme in psychotherapy & counselling studies. She has a background in nursing and has worked widely in health services research, especially with older people and those with dementia. Her research on 'the wounded healer' led her into shamanism training with Caitlín. She has studied ancestors & transgenerational trauma in systemic constellations and trained with Broughton, Mahr and continues training with van Kampenhout. Caitlín Matthews has been teaching and practising shamanism since 1990. Her original research into the shamanic and ancestral traditions of Britain and Ireland has been widely published. She is in continuing Systemic Ritual training with Daan van Kampenhout. Felicity Wombwell/Aldridge has worked as a psychotherapist & shamanic consultant for the last 20 years. Her main area of interest is how the arts help in the healing process. She works with others, using creative processes to find symbols to aid transformation. Felicity continues with her own arts practice and has hosted shamanic groups for many years. She is the author of *The Goddess Changes*.

FEES: Shared: £1280, Non-Res: £1100. Please send a non-returnable deposit of £300 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034

info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk

INTERMEDIATE COURSES FOR PRACTITIONER TRAINING LEVEL B. *Courses marked # are open to Foundation Course graduates & to experienced clients from Caitlín's shamanic practice. Applications from experienced others need a letter of recommendation from an ethical shamanic teacher: such applicants may be asked to complete some practical shamanic work before acceptance. See FiOS on www.hallowquest.org.uk for full curriculum*

#28 Feb-3 March 2010 THRESHOLDS OF POWER AND HEALING with Caitlín Matthews.

This residential course teaches a full range of shamanic healing ways including plant-spirit healing, extraction of intrusions, embodiment of personal allies and includes the shamanic ceremony of *The Mare Mother's Dream-Dance*. This Level B course is an essential component for those wishing to train as shamanic practitioners. At EarthSpirit, Somerton, Somerset. Prices TBC. Single Room Supplement £25 extra. £20 discount for FiOS members. Send a £150 non-returnable deposit payable to Caitlín Matthews to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680) janedmay@btinternet.com



Caitlín Matthews, Oxford 2008

CAITLÍN MATTHEWS teaches the practical applications of ancestral and Celtic traditions. She is the author of many books, including *Singing the Soul Back Home*. Her soul-singing and embodiment uniquely bring the ancient healing traditions to everyday life. She has a shamanic practice in Oxford.

FELICITY WOMBWELL is an artist, psychotherapist and shamanic practitioner. The author of *The Goddess Changes* and co-author of *Green Living*, she is researching how images aid recovery from trauma for her next book about *Healing Art*.

#3-6 OCTOBER 2010 MIDWIFING THE SOUL with Caitlín Matthews. This course teaches shamanic methods of soul-retrieval, extraction of spiritual intrusions and practical ways to guard the three souls. We will explore the Celtic concept of the soul and its re-enchantment, particularly through the profound medium of soul-singing. Considerable pair-work is involved. This course is an essential component for those wishing to train as shamanic practitioners. **Take *Thresholds of Power* first.** At EarthSpirit, Somerton, Somerset. Prices TBC. Single Room Supplement £25 extra. £20 discount for FiOS members. Send a £150 non-returnable deposit payable to Caitlín Matthews to Jane May, Briarwood, Long Wittenham, Oxon OX14 4QW (01865 407680) janedmay@btinternet.com

ADVANCED SHAMANIC COURSES FOR PRACTITIONER TRAINING: LEVELS C & D

Courses marked Ω are those who have completed the intermediate level, who have some years experience. Other applicants only accepted after interview. See website for full curriculum.

Because Caitlín is away training in Holland in 2010-11, some advanced courses are going out of phase, to return again soon. FiOS is overhauling its structures. Over the next two years, we are opening up the upper levels of practitioner training. Those who have completed **Harkening to the Horse's Mouth** will be invited on the **Co-Walker Sessions** – a series of three courses, leading to registration as practitioners with FiOS. Only those in Co-Walker supervision will be so considered. More details next time. See: www.hallowquest.org.uk/hallowquest-fios-courses.html

MAGICAL AND MYTHIC COURSES & OTHER EVENTS

These courses and events are open to all who are on their spiritual path. FiOS

MASTERCLASSES marked ⚔ may require some practical experience and familiarity with the topic, as indicated within each announcement.

16-17 October 2009 UK TAROT CONFERENCE. Caitlín will be leading a session entitled **HUNTING THE LADY: WHAT'S AT THE BOTTOM OF THIS READING?** Ancient images of the tarot Magician show a mountebank playing a form of 'Hunt the Lady' with balls and cups. We will hunt the significator through some new readings and reveal the hidden agenda with some low cunning of our own. Other speakers include Corrine Kenner, Liz Dead, Richard Abbot, Emily Carding, Mary Collin and Kim Arnold talking about her time on the set of the Wolfman movie as tarot tutor to Geraldine Chaplin. The following fees include goody bag: 1. £110 VIP ticket includes Friday night workshop, cocktail party & all day Saturday, 2. £40 Friday night only, and 3. £80 for Saturday only; 4. £5 for lunchtime Saturday workshops only but no goody bag. At Columbia Hotel, 95-99 Lancaster Gate, W2 3NS <http://www.tarotconference.co.uk>.



11-13 December 2009 REGIONS OF THE OTHERWORLD with John & Caitlín Matthews, and special guests Cait Brannigan & Wil Kinghan. For this 25th Anniversary of our annual Winter Gathering, we explore the Regions of the Otherworld and its many inhabitants: the gods, faeries, creatures and wonders who throng the many-coloured land. We will visit the many regions of the Otherworld & discover how human and otherworldly alliances restore the courts of joy among us. Through meditation, journey, song and group ritual we will learn to travel more surely into these regions, and discover how we become co-walkers with Otherworldly allies in the regeneration and healing of our world. Single £313, Shared £292 and non-res £257 Please send a non-returnable deposit of £90 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034 info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk

19-21 February 2010 SINGING THE SOUL BACK HOME – Freeing the Imagination, Blessing the Universe with Caitlín Matthews. Residential. Caitlín explores the power of the voice to free the imagination and to bless the universe. Using the Celtic soul-singing methods of our ancestors, we will open the windows of the imagination as we sing the pathways that connect us to sources of spiritual help and healing. Soul singing helps us find our place in the everyday world as well as mapping the pathways along which our souls travel when we need help, advice and wisdom. Caitlín will help us find, meet and co-operate with the soul-friends who walk with us along these paths. What we thought was *only* imagination or *only* a dream is revealed to be the most powerful truth of all, accessible to everyone as our heritage and birthright. Working together and in pairs, we will use our voices to share the blessing of our visions and find the songs that have been singing in our soul. This course is suitable for beginners and no special singing ability is required. *Participants need to bring a notebook and pen, and a scarf to cover their eyes. Also bring the words of a song you love, for sharing together.* Held at Woodbrooke College, 1046 Bristol Rd, Birmingham B29 6LJ tel. 0121 472 5171. £222 ensuite, £212 standard, £172 non-resident Book at www.woodbrooke.org.uk



9-24 March 2010

Reconnecting to the Gods & Goddess of Ancient Egypt

Tour with exclusive access to sites, led by Caitlín Matthews

This is once in a lifetime experience takes you to the lands of Ancient Egypt winding down the Nile from Cairo to Abu Simbel with its magical temples dedicated to the Gods and Goddesses.

Caitlin will lead meditations, chants and rituals as we commune with the Egyptian deities during private visits to the Temple of Isis (Philae), Temple of Sobek & Horus (Kom Ombo), and Temple of Horus (Edfu) Chapel of Sekhmet (Karnak), Temple of Hathor (Denderah) as well as the Kings Chamber in the Great Pyramid and Sphinx (Giza). *Private access to these sites is very rare in Egypt.* Our tour not only nourishes your soul, it opens your inner being to the sights and sounds of Ancient Egypt, allowing you to explore new levels in your spiritual self. We treat you like royalty of the ancient world in your 5 star accommodations in Cairo (Giza), Aswan and our 6 day deluxe cruise down the Nile. Enjoy luxury and comfort while honouring and revitalizing your spirit with renowned writer and teacher Caitlin Matthews. Tour price includes: Facilitator, accommodation 5 Star in Cairo and Aswan, all transport within Egypt, Deluxe Nile Cruise, and meals Breakfast (15) Lunch (8) Dinner (12). Sightseeing and entrance fees, Egyptologist guide. 15 Nights / 16 days - £3200.00 (Limited to 16 participants) For more information: email: ann@ancientsacredsitestours.com or take a look on our website: www.ancientsacredsitestours.com or telephone +44 (0) 2380 695841 - Ann Mason.

6-8 July 2010 R.J.STEWART'S INNER TEMPLE TRADITIONS & INNER CONVOCATION CLASS This ongoing set of classes is for those who have done Inner Temple and associated Sphere of Art work, at any time or location, with R. J. Stewart and/or his trained teachers. *Not open to new students.* We seek to bring together a British and International group for this event. Our two main themes will include polarity work between Priests and Priestesses in pairs, triads, and groups; and also Purification, redemption, and liberation of various classes of spirit beings. Both themes will include substantial methods not previously taught, and thus form an advanced training for those who have done previous Inner Convocation work and received the Inner Temple Consecration from R.J. Please provide confirmation details of previous classes attended to secure your place on this advanced course to Caitlin Matthews on tigerna9@aol.com. Single £304, Shared £284 Non-res £244. Please send a non-returnable deposit of £100 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034 info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk

8-11 July 2010 The WAY OF MERLIN: The Prophet, the Goddess & the Land.

The Way of Merlin is a practical guide and set of exercises for inner development, based on ancient spiritual traditions associated with Merlin. His true nature is as a primal prophet, magician, and foolish seeker after truth, with a threefold legendary life embodying the basic stages of consciousness, enlightenment, and spiritual liberation: innocent prophetic youth, madman and hermit in the forest, and wise star-watching elder watching. Despite modern stereotypes of Merlin as a male wisdom figure, the earliest bardic sources show that he was taught by sister, wife, and goddess figures. Thus *the Way of Merlin* is a way of the spiritual feminine and masculine interacting together. Work includes techniques of meditation and visualization upon the Seven Wind Directions, and awakening Sacred Space. A primal system is gradually expanded into empowered vision, using imagery from the oldest pre-Arthurian Merlin tradition. Images include the Goddess of the Land, the Ferryman of the Soul, and the Child of Light, & a company of spiritual allies and co-walkers. These bring us into transhuman consciousness, encountering messengers and teachers of inner wisdom, ancestral stellar spirits, and the primary aspects of Divine Being as understood by the Welsh bards. *This course is open to all. Image by Alan Lee.*

R.J.STEWART is a composer, author, and teacher, with 40 books in publication, translated into many languages worldwide. He is widely experienced in theatre, film, and television, and is a skilled performer and presenter. His unique contribution to the ancient traditions of the Western Mysteries is unparalleled. His best-selling books include *The Merlin Tarot, Celtic Gods and Celtic Goddesses, The Underworld Initiation and The Miracle Tree*. See www.rjstewart.net for more details of his books, courses and recordings.



Single £361, shared £311, non-res £271. Please send a non-returnable deposit of £100 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034 info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk

19-22 August 2010 **THE MYSTERIES OF ISIS & OSIRIS** with Naomi Ozaniec, assisted & introduced by Caitlín Matthews. This is a rare opportunity to participate in the enactment of The Mysteries of Isis and Osiris. These ancient mysteries reliving the death and resurrection of Osiris stand at the source of the Western Mystery Tradition. Embodying the great human themes of love and loss, this story speaks directly to the heart. Work will include group meditation, reflection and ritual as we enact the stages of loss and renewal in this classic initiatory drama. This ancient myth of triumph over death is as potent today as it was in the distant past. The weekend will be experiential and transformative; its gifts bring a sense of rebirth and the greening of the heart. Led by a priestess of rare quality, this course opens up the sacred traditions of Egypt at a time when the core of Western society is being dismembered. We have unprecedented opportunity to discover Isis, the winged Goddess of Ten Thousand Names, whose infinite compassion seeks out the dismembered beloved to preside over the Mysteries of Rebirth in the infinite cycle of being and becoming which makes the world new again. *Please bring a white robe or white clean clothing for the rituals.* Single room @ £361, shared room @ £331, non res @£271. Please send a non-returnable deposit of £100 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034 info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk



NAOMI OZANIEC has been involved in the Western Mystery Tradition for over thirty years. She is the Director of Studies in *The House of Life* a contemporary mystery school rooted in Khemetic and Hermetic traditions and was the Oracle of Isis at the World Parliament of Religions in Chicago in 1993. Naomi is the author of many books, including *Elements of Egyptian Wisdom*, *Daughter of the Goddess*, *Watkins Tarot Handbook*, *The Chakras*, *Everyday Meditation*. www.thehouseoflife.co.uk, www.naomiozaniec.co.uk

10-12 December 2010 - THE ENCHANTMENT OF STORY: Finding the Hidden Treasures with Caitlín & John Matthews & Anne Lister. When the storyteller begins a story, we are compelled to listen. Storytelling retains its unequalled place as a mode of enchantment, that speaks from the landscape of the soul. Stories free us all from the bondage of thoughts and ideas with which others have chained us. They give us choices we may not currently have in life; they arm us with magical tools that enable us to plunge into adventure, helping us to adapt and

change as we grow. We invite you to join us in an exploration of the enchantment of stories old and new, to create and enact your own stories and find the sweet and hidden treasures that have been stored like honey in the hive. With songs, stories and a group ritual entitled *The Great Re-Enchantment*. Telling and hearing stories keeps us young at heart, for they carry a deep enchantment that comes from the dawn of time. May that enchantment last as long as ears can hear, wherever stories are told! **ANNE LISTER** is a storyteller and singer-songwriter who has toured in the UK and the USA, and releasing five albums of her songs. She has always been a storyteller, and over the past ten years has worked in libraries, arts centres, prisons and schools with her stories and songs, as well as at international centres. Her voice workshops have been featured on BBC tv & radio. FEES: Single: £314 Shared: £294 Non-residential: £254. Please send a non-returnable deposit of £100 payable to HAWKWOOD COLLEGE and SAE for map and details to Hawkwood College, Painswick Old Rd., Stroud, Glos GL6 7QW. Tel: 01453 759034 info@hawkwoodcollege.co.uk. www.hawkwoodcollege.co.uk